

## NPSC – Coaches Guide to our COVID Policies

March 7, 2021

Thank you so much for being a volunteer coach, our club wouldn't exist without the efforts of parents like you and that holds even more true this year. In addition to running practices and coaching games, this season will have new responsibilities for our coaches. This document will hopefully serve to simplify those responsibilities so you can quickly get the kids on the field.

General Questions – <u>npscovidtracking@gmail.com</u>

Urgent Questions – Call or text Kori Markel (917) 673-9681

## **Before the Season**

Everyone participating in the NPSC Fall season (coaches and players) will have to submit a signed **Medical Release and Waiver of Liability** and a **NPSC COVID-19 Safety Protocol document**. You should have received an email to fill out these documents online – if you haven't received that email or need a new email sent, contact us at <u>npscovidtracking@gmail.com</u>.

We will alert you before practices begin if any child on your team has not sent in their waiver/protocol document. Anyone who has not signed will NOT be allowed to play. If a parent arrives at an event and they haven't signed the two documents, you can direct them to email <u>npscovidtracking@gmail.com</u>. They will still need to wait to be cleared by NPSC, so they will not be able to practice that day.

# Health Questionnaire before Each Event (Practice or Game)

Everyone participating in each event will need to fill out our team-specific COVID questionnaire no earlier than 8 hours and no later than 1 hour before the event. Here's what you'll need to do:

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- Send out the questionnaire to your team. We recommend you compile parent emails or cell numbers (whichever you prefer) and send out an email or text the day of the event. (If it's early in the morning, the night before is ok too). You'll have a team specific link that you can use for every event (see list of team links below) and a gentle reminder will help you avoid having to track down parents or send kids home from practice.
- 2. Fill out the questionnaire yourself. Everyone needs to answer the questions, even coaches. We are aware the name field says "child" – it is meant to not confuse parents. You can put your own name here.
- 3. Access the questionnaire results. A link to the questionnaire answers will be provided to you. Only the NPSC board and the individual coaches for each team will be able to see this information. Please take care not to share this link with anyone else. You will not have the ability to edit this spreadsheet, only to view it. Entries will show up with the most recent at the bottom, be sure to scroll down to see the newest entries.
- 4. Check that the whole team has completed the questionnaire. Up to one hour before your event, please check the link to the questionnaire results. You'll be able to see the timestamp, child's name and answers to the questions. Ensure that every participant has:
  - a. Filled out the questionnaire no earlier than 8 hours before the event
  - b. Answered all the questions with a "No". parents should know that a "Yes" answer means their kid shouldn't attend, but it's important that you double check.

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- 5. **Parents may complete the questionnaire on-site.** If a child arrives and has not completed the questionnaire, ask the parent to complete it before they can play. You can send them the link if necessary, it will work on people's phones.
- 6. **If a child doesn't have a completed questionnaire, they can't play.** Please send them home with their parents or have them sit on the sidelines until their parents can pick them up. Stress to your team's parents how important the questionnaire is.

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#### Questionnaire links – to send to parents:

## **Practices and Games**

As kids arrive at practice, please use the no-contact thermometer provided by the club to take their temperature. If a child has a temperature of 100.4 or higher, they may not participate in practice and must go home.

- Parents are not allowed on the field for practice, and should practice social distancing guidelines at games
- Use only the dedicated Entrance and Exit for your team To be provided with your training schedule
- Coaches temp check all players as well as the coaching staff and officials if it's a home game
- Masks should be worn until players reach the designated area. Coaches should wear masks at all times.
- No sharing of drinks, bibs, etc
- See detailed protocols on the NPSC COVID- 19 HUB <u>HERE</u>.